



# Eden Springs offers you **3 fantastic well being offers for free**

Discover your opportunities to increase energy and health in this booklet.

Eden water - your source of well-being at work



Energy | Health | Balance | Creativity | Focus

At Eden, our mission is to provide you with a convenient source of hydration and well-being, to help you to take better care of yourself every day at work. Today we would like to share our mission with you even more by offering 3 fantastic well-being experiences – absolutely free.

You have the choice of

**One Week Free Gym membership,  
a Free Pamper Treatment, a Free Yoga or Pilates Session,  
Free Days Out or a Free Sports Lesson.**

Simply look through this booklet,  
choose the **3** that appeal to you and then follow the easy directions on the Claims Forms at the back.

**energy, health, balance, creativity and focus.**



Living at today's hectic pace  
it is easy to lose track of the  
important things in life.

Enjoy a one week free Gym  
membership at one of our  
participating health clubs!



one week  
**free gym**



## HOW TO USE:

Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: **Free Week Gym, PO Box 468, Swansea SA1 3WY.**

**Our Concierge Team will contact you within 21 days to check availability and discuss the usage of the offer.**

**You will receive your Free one week gym membership voucher for your chosen venue within 14 days of booking.**

**Hand in your voucher upon arrival at the Gym.**

### TERMS AND CONDITIONS

1. This offer is open to all UK residents aged 18 years or over for new bookings only. This offer is not available to employees of Eden Springs, TLC Marketing plc or agencies appointed by TLC and their immediate families. 2. The voucher entitles the bearer to one free one week membership, for one person at one of the participating venues. 3. Only one voucher may be used per person / per household, per venue and per booking group (group is defined as more than one person accompanying the voucher holder). Offers in this booklet can not be redeemed in the same month. 4. All additional customers will pay the full price and all future bookings will be charged at the full price. 5. Voucher valid until 30/04/09. 6. Offer excludes Public Holidays and Bank Holidays. 7. Customers must submit their booking request form with a confirmation of employment (letter on company headed paper or business card) and a stamped addressed envelope by 31/12/08 date. Failure to submit any of these elements will render your application invalid. However TLC will contact you via e-mail to inform you if your application has been made invalid by failure to submit any required elements. 8. TLC concierge will be in touch within 21 days to discuss your booking. 9. A journey distance of up to 30 miles (30-35 KM) in some areas of the UK may be needed to the nearest venue. In the case that there is no venue in your area, your details will be kept on record until such a time as a venue is recruited (please allow a maximum of 4 weeks) TLC will use reasonable endeavours to recruit a venue in your area, but if this cannot be guaranteed you will be offered an alternative. Such an offer shall fulfil all promotional obligations to you. 10. On arrival at the venue, the voucher must be handed over. If no voucher is produced, you must pay the full price for your session. 11. If you fail to cancel your booking within 48 hours of the appointment, or do not show at the venue, a cancellation charge may be incurred. 12. Participating free one week membership venues are all contracted to participate in the free one week membership offer. 13. Participating free one week membership venues reserve the right to vary prices, times and offer availability (e.g. public holidays). 14. Neither the Promoter, nor its agents or distributors can accept liability for lost, stolen or damaged vouchers and reserves the right to withdraw or amend any details and/or offers. 15. The voucher may only be used once. Photocopied, scanned, damaged or illegible vouchers will not be accepted. 16. The Free one week membership voucher has no monetary value, is non-transferable and cannot be used in conjunction with any other promotional offer or redeemed in whole or part for cash. 17. In the event of large promotional uplift, venues reserve the right to book voucher holders up to 4 months from date of calling to make a promotional booking. 18. Neither TLC, its agents or distributors will in any circumstances be responsible or liable to compensate the purchaser or other bearer, or accept any liability for (a) any non-acceptance by a venue of this voucher or (b) any inability by the bearer to use this voucher properly or at all or (c) the contents, accuracy or use of either this voucher or the venue listing, nor will any of them be liable for any personal loss or injury occurring at the venue, and (d) TLC, its agents and distributors do not guarantee the quality and/or availability of the services offered by the venues and cannot be held liable for any resulting personal loss or damage. Your statutory rights are unaffected. 19. In the unlikely case that your voucher is not accepted at a venue TLC will supply you with a replacement voucher. 20. TLC reserves the right to offer a substitute reward of equal or greater value. 21. TLC is not responsible for any offer misrepresentation (written or verbal) or warranties by anyone / group other than TLC. 22. Any persons taking advantage of this promotion do so on complete acceptance of these terms and conditions. 23. Eden Springs shall also be bound by these Terms and Conditions and shall not encourage, persuade, promote, support or in any way assist in their breach. 24. Promoter: Eden Springs UK, 3 Livingstone Boulevard, Blantyre, Glasgow, Lanarkshire, G72 0BP. 25. This is administered by TLC Marketing plc, PO Box 468, Swansea SA1 3WY. 26. This promotion is governed by UK law.



Take some time out to  
pamper yourself with this  
free treatment.

Enjoy a Beauty or Wellness  
experience in a choice of  
top salons!



treatment  
**free pamper**

## HOW TO USE:

Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: Free Pamper Treatment, PO Box 468, Swansea SA1 3WY.

Our Concierge Team will contact you to check availability and discuss the usage of the offer within 21 days.

You will receive your Free Pamper voucher for your chosen venue within 14 days.

Hand in your voucher upon arrival at the Salon.



## TERMS AND CONDITIONS

1. This offer is open to all UK residents aged 18 years or over for new bookings only. This offer is not available to employees of Eden Springs, TLC Marketing or agencies appointed by TLC and their immediate families. 2. The voucher entitles the bearer to one free pampering treatment for one person at one of the participating venues. Treatments available and their duration vary between venues. 3. Only one voucher may be used per person / per household, per venue and per booking group (group is defined as more than one person accompanying the voucher holder). The voucher claimant may not claim another free pampering treatment voucher at the same venue. Offers in this booklet can not be redeemed in the same month. 4. All additional customers will pay the full price and all future bookings will be charged at the full price. 5. Voucher valid until 30/04/09. 6. Offer excludes Public Holidays and Bank Holidays. 7. The offer is based on advance bookings only and is subject to promotional availability at participating free pampering venues. 8. Customers must submit their booking request form with a confirmation of employment (letter on company headed paper or business card) and a stamped addressed envelope by 31/12/08 date. Failure to submit any of these elements will render your application invalid. However TLC will contact you via e-mail to inform you if your application has been made invalid by failure to submit any required elements. 9. TLC concierge will be in touch within 21 days to discuss your booking. 10. A journey distance of up to 30 miles (30-35 KM) in some areas of the UK may be needed to the nearest venue. In the case that there is no venue in your area, your details will be kept on record until such a time as a venue is recruited (please allow a maximum of 4 weeks) TLC will use reasonable endeavours to recruit a venue in your area, but if this cannot be guaranteed you will be offered an alternative. Such an offer shall fulfil all promotional obligations to you. 11. On arrival at the venue, the voucher must be handed over. If no voucher is produced, you must pay the full price for your free pampering session. 12. If you fail to cancel your booking at least 48 hours before the appointment, or do not show at the venue, a cancellation charge may be incurred. 13. Participating free pampering venues are all contracted to participate in the free pampering offer. 14. Participating free pampering venues reserve the right to vary prices, times and offer availability (e.g. public holidays). 15. Neither the Promoter, nor its agents or distributors can accept liability for lost, stolen or damaged vouchers and reserves the right to withdraw or amend any details and/or offers. 16. The voucher may only be used once. Photocopied, scanned, damaged or illegible vouchers will not be accepted. 17. The Free pampering voucher has no monetary value, is non-transferable and cannot be used in conjunction with any other promotional offer or redeemed in whole or part for cash. 18. TLC will use reasonable endeavours to allocate a salon offering your preferred treatment in your preferred area but this cannot be guaranteed. If the treatment or area requested is unavailable the booking team will allocate another salon or treatment. Such an offer will fulfill our promotional obligations to you. 19. In the event of large promotional uplift, venues reserve the right to book voucher holders up to 4 months from date of calling to make a promotional booking. 20. Neither TLC, its agents or distributors will in any circumstances be responsible or liable to compensate the purchaser or other bearer, or accept any liability for (a) any non-acceptance by a venue of this voucher or (b) any inability by the bearer to use this voucher properly or at all or (c) the contents, accuracy or use of either this voucher or the venue listing, nor will any of them be liable for any personal loss or injury occurring at the venue, and (d) TLC, its agents and distributors do not guarantee the quality and/or availability of the services offered by the venues and cannot be held liable for any resulting personal loss or damage. Your statutory rights are unaffected. 21. In the unlikely case that your voucher is not accepted at a venue TLC will supply you with a replacement voucher. 22. TLC reserves the right to offer a substitute reward of equal or greater value. 23. TLC is not responsible for any offer misrepresentation (written or verbal) on warranties by anyone. 24. Any persons taking advantage of this promotion do so on complete acceptance of these terms and conditions. 25. Eden Springs shall also be bound by these Terms and Conditions and shall not encourage, persuade, promote, support or in any way assist in their breach. 26. Promoter: Eden Springs UK, 3 Livingstone Boulevard, Blantyre, Glasgow, Lanarkshire, G72 0BP. 27. This promotion is governed by UK law.

Maintain your sense of  
balance - De-stress, stretch  
and relax yourself.

Enjoy a Free Session of Yoga  
or Pilates at one of our  
participating health clubs!



**free** yoga/  
pilates



## HOW TO USE:

Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: **Free Yoga or Pilates, PO Box 468, Swansea SA1 3WY.**

**Our Concierge Team will contact you to check availability and discuss the usage of the offer, within 21 days.**

**You will receive your Free Yoga or Pilates voucher for your chosen venue within 21 days.**

**Hand in your voucher upon arrival at the Salon.**



**TERMS AND CONDITIONS** 1. This offer is open to all UK residents aged 18 years or over for new bookings only. This offer is not available to employees of Eden Springs, TLC Marketing plc or agencies appointed by TLC and their immediate families. 2. The voucher entitles the bearer to one free session of Yoga or Pilates for one person at one of the participating venues. 3. Only one voucher may be used per person / per household, per venue and per booking group (group is defined as more than one person accompanying the voucher holder). Offers in this booklet can not be redeemed in the same month. 4. All additional customers will pay the full price and all future bookings will be charged at the full price. 5. Voucher valid until 30/04/09 6. Offer excludes Public Holidays and Bank Holidays. 7. The offer is based on advance bookings only and is subject to promotional availability at participating Yoga and Pilate's venues. 8. Customers must submit their booking request form with a confirmation of employment (letter on company headed paper or business card) and a stamped addressed envelope by 31/12/08 date. Failure to submit any of these elements will render your application invalid. However TLC will contact you via e-mail to inform you if your application has been made invalid by failure to submit any required elements. 9. TLC concierge will be in touch within 21 days to discuss your booking. 10. A journey distance of up to 30 miles (30-35 KM) in some areas of the UK may be needed to the nearest venue. In the case that there is no venue in your area, your details will be kept on record until such a time as a venue is recruited (please allow a maximum of 4 weeks) TLC will use reasonable endeavours to recruit a venue in your area, but if this cannot be guaranteed you will be offered an alternative. Such an offer shall fulfil all promotional obligations to you. 11. On arrival at the venue, the voucher must be handed over. If no voucher is produced, you must pay the full price for your free one week membership. 12. If you fail to cancel your booking within 48 hours of the appointment, or do not show at the venue, a cancellation charge may be incurred. 13. Participating free Yoga and Pilates venues are all contracted to participate in this offer. 14. Participating free Yoga and Pilates venues reserve the right to vary prices, times and offer availability (e.g. public holidays). 15. Neither the Promoter, nor its agents or distributors can accept liability for lost, stolen or damaged vouchers and reserves the right to withdraw or amend any details and/or offers. 16. The voucher may only be used once. Photocopied, scanned, damaged or illegible vouchers will not be accepted. 17. The Free Yoga or Pilates voucher has no monetary value, is non-transferable and cannot be used in conjunction with any other promotional offer or redeemed in whole or part for cash. 18. In the event of large promotional uplift, venues reserve the right to book voucher holders up to 4 months from date of calling to make a promotional booking. 19. Neither TLC, its agents or distributors will in any circumstances be responsible or liable to compensate the purchaser or other bearer, or accept any liability for (a) any non-acceptance by a venue of this voucher or (b) any inability by the bearer to use this voucher properly or at all or (c) the contents, accuracy or use of either this voucher or the venue listing, nor will any of them be liable for any personal loss or injury occurring at the venue, and (d) TLC, its agents and distributors do not guarantee the quality and/or availability of the services offered by the venues and cannot be held liable for any resulting personal loss or damage. Your statutory rights are unaffected. 20. In the unlikely case that your voucher is not accepted at a venue TLC will supply you with a replacement voucher. 21. TLC reserves the right to offer a substitute reward of equal or greater value. 22. TLC is not responsible for any offer misrepresentation (written or verbal) on warranties by anyone / group other than TLC. 23. Any persons taking advantage of this promotion do so on complete acceptance of these terms and conditions. 24. Eden Springs shall also be bound by these Terms and Conditions and shall not encourage, persuade, promote, support or in any way assist in their breach. 25. Promoter: Eden Springs UK, 3 Livingstone Boulevard, Blantyre, Glasgow, Lanarkshire, G72 0BP 26. This is administered by TLC Marketing plc, PO Box 468, Swansea SA1 3WY. 27. This promotion is governed by UK law.



Find great ideas for things to do with the kids and plenty of fun activities.

Enjoy your perfect day out at one of our fantastic attractions.



free days out



## HOW TO USE:

Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: **Free Days Out, PO Box 468, Swansea SA1 3WY.**

**Our Concierge Team will contact you to check availability and discuss the usage of the offer, within 21 days.**

**You will receive your Free Days Out voucher for your chosen venue within 14 days.**

**Hand in your voucher upon arrival at the venue.**



**TERMS AND CONDITIONS**

1. This offer is open to all UK residents aged 18 years or over for new bookings only. This offer is not available to employees of Eden Springs, TLC Marketing plc or agencies appointed by TLC and their immediate families.
2. The voucher entitles one person to one 'Free Days Out' admission to any of the attractions listed. This free admission will be adult or child depending on the venue.
3. Only one voucher may be used per person / per household, per venue and per booking group (group is defined as more than one person accompanying the voucher holder). The voucher claimant may not claim another free days out voucher at the same venue. Offers in this booklet can not be redeemed in the same month.
4. This voucher is not redeemable against booked parties or family tickets.
5. All discounts featured apply to full admission prices.
6. All additional customers will pay the full price and all future bookings will be charged at the full price.
7. Voucher valid until 30/04/09.
8. Offer excludes Public Holidays and Bank Holidays.
9. Offer not valid for evening (starting at 6pm or later) or pre-book events.
10. The offer is subject to promotional availability at participating days out venues.
11. Customers must submit their booking request form with a confirmation of employment (letter on company headed paper or business card) and a stamped addressed envelope by 31/12/08 date. Failure to submit any of these elements will render your application invalid. However TLC will contact you via e-mail to inform you if your application has been made invalid by failure to submit any required elements.
12. TLC concierge will be in touch within 21 days to discuss your booking.
13. A journey distance of up to 30 miles (30-35 KM) in some areas of the UK may be needed to the nearest venue. In the case that there is no venue in your area, your details will be kept on record until such a time as a venue is recruited (please allow a maximum of 4 weeks) TLC will use reasonable endeavours to recruit a venue in your area, but if this cannot be guaranteed you will be offered an alternative. Such an offer shall fulfil all promotional obligations to you.
14. On arrival at the venue, the voucher must be handed over. If no voucher is produced, you must pay the full price for your days out session.
15. The list of participating days out venues remains subject to change.
16. Participating days out venues are all contracted to participate in the free days out offer.
17. Participating days out venues reserve the right to vary prices, times and offer availability (e.g. public holidays).
18. Neither the Promoter, nor its agents or distributors can accept liability for lost, stolen or damaged vouchers and reserves the right to withdraw or amend any details and/or offers.
19. The voucher may only be used once. Photocopied, scanned, damaged or illegible vouchers will not be accepted.
20. The Free days out voucher has no monetary value, is non-transferable and cannot be used in conjunction with any other promotional offer or redeemed in whole or part for cash.
21. Neither TLC, its agents or distributors will in any circumstances be responsible or liable to compensate the purchaser or other bearer, or accept any liability for (a) any non-acceptance by a venue of this voucher or (b) any inability by the bearer to use this voucher properly or at all or (c) the contents, accuracy or use of either this voucher or the venue listing, nor will any of them be liable for any personal loss or injury occurring at the venue, and (d) TLC, its agents and distributors do not guarantee the quality and/or availability of the services offered by the venues and cannot be held liable for any resulting personal loss or damage. Your statutory rights are unaffected.
22. In the unlikely case that your voucher is not accepted at a venue TLC will supply you with a replacement voucher.
23. TLC reserves the right to offer a substitute reward of equal or greater value.
24. TLC is not responsible for any offer misrepresentation (written or verbal) on warranties by anyone / group other than TLC.
25. Any persons taking advantage of this promotion do so on complete acceptance of these terms and conditions.
26. Eden Springs shall also be bound by these Terms and Conditions and shall not encourage, persuade, promote, support or in any way assist in their breach.
27. Promoter: Eden Springs, UK, Livingstone Boulevard, Blantyre, Glasgow, Lanarkshire, G72 0BP This is administered by TLC Marketing plc, PO Box 468, Swansea SA1 3WY.

It's your chance to get active and benefit from plenty of fun activities.

Enjoy a Free round of golf, have a tennis lesson or go horse riding.



**free** sports  
lesson



## HOW TO USE:

Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: Free Sports Lesson, PO Box 468, Swansea SA1 3WY.

Our Concierge Team will contact you to check availability and discuss the usage of the offer within 21 days.

You will receive your Free Sports Lesson voucher for your chosen venue within 14 days.

Hand in your voucher upon arrival at the venue.



**TERMS AND CONDITIONS** 1. This offer is open to all UK residents aged 18 years or over for new bookings only. This offer is not available to employees of Eden Springs, TLC Marketing plc or agencies appointed by TLC and their immediate families. 2. The voucher entitles the bearer to one Free Sports session (Golf session, Tennis lesson and Horse riding session) for one person at one of the participating venues. 3. Only one voucher may be used per person / per household, per venue and per booking group (group is defined as more than one person accompanying the voucher holder). The voucher claimant may not claim another session/lesson at the same venue. Offers in this booklet can not be redeemed in the same month. 4. All additional customers will pay the full price and all future bookings will be charged at the full price. 5. Voucher valid until 30/04/09. 6. Offer excludes Public Holidays and Bank Holidays. 7. The offer is based on advance bookings only and is subject to promotional availability at participating Free Sports lesson venues. 8. Customers must submit their booking request form with a confirmation of employment (letter on company headed paper or business card) and a stamped addressed envelope by 31/12/08 date. Failure to submit any of these elements will render your application invalid. However TLC will contact you via e-mail to inform you if your application has been made invalid by failure to submit any required elements. 9. A TLC agent will be in touch within 21 days to discuss your booking. 10. A journey distance of up to 30 miles (30-35 KM) in some areas of the UK may be needed to the nearest venue. In the case that there is no venue in your area, your details will be kept on record until such a time as a venue is recruited (please allow a maximum of 4 weeks) TLC will use reasonable endeavours to recruit a venue in your area, but if this cannot be guaranteed you will be offered an alternative. Such an offer shall fulfil all promotional obligations to you. 11. On arrival at the venue, the voucher must be handed over. If no voucher is produced, you must pay the full price for your free sports session. 12. If you fail to cancel your booking within 48 hours of the appointment, or do not show at the venue, a cancellation charge may be incurred. 13. The list of participating Free Sports lesson venues remains subject to change. 14. Participating Free Sports lesson venues are all contracted to participate in this offer. 15. Participating Free Sports lesson venues reserve the right to vary prices, times and offer availability (e.g. public holidays). 16. Neither the Promoter, nor its agents or distributors can accept liability for lost, stolen or damaged vouchers and reserves the right to withdraw or amend any details and/or offers. 17. The voucher may only be used once. Photocopied, scanned, damaged or illegible vouchers will not be accepted. 18. The Free Sports lesson voucher has no monetary value, is non-transferable and cannot be used in conjunction with any other promotional offer or redeemed in whole or part for cash. 19. In the event of large promotional uplift, venues reserve the right to book voucher holders up to 4 months from date of calling to make a promotional booking. 20. Neither TLC, its agents or distributors will in any circumstances be responsible or liable to compensate the purchaser or other bearer, or accept any liability for (a) any non-acceptance by a venue of this voucher or (b) any inability by the bearer to use this voucher properly or at all or (c) the contents, accuracy or use of either this voucher or the venue listing, nor will any of them be liable for any personal loss or injury occurring at the venue, and (d) TLC, its agents and distributors do not guarantee the quality and/or availability of the services offered by the venues and cannot be held liable for any resulting personal loss or damage. Your statutory rights are unaffected. 21. In the unlikely case that your voucher is not accepted at a venue TLC will supply you with a replacement voucher. 22. TLC reserves the right to offer a substitute reward of equal or greater value. 23. TLC is not responsible for any offer misrepresentation (written or verbal) on warranties by anyone / group other than TLC. 24. Any persons taking advantage of this promotion do so on complete acceptance of these terms and conditions. 25. Eden Springs shall also be bound by these Terms and Conditions and shall not encourage, persuade, promote, support or in any way assist in their breach. 26. Promoter: Eden Springs, UK, Livingstone Boulevard, Blantyre, Glasgow, Lanarkshire, G72 0BP 27. This is administered by TLC Marketing plc, PO Box 468, Swansea SA1 3WY. 28. This promotion is governed by UK law.

# Booking Request Form |

Please complete this form and return to: **PO Box 468, Swansea SA1 3WY.**

Our team of concierge specialists will contact you to make your booking.

**FULL NAME** (MR, MRS, MISS, MS)

**CHOSEN OFFER**, please tick

**One Week Free Gym membership**

**Free Pamper Treatment**

**Free Yoga or Pilates Session**

**Free Days Out**

**Free Sports Lesson**, please specify chosen sport

**Golf**

**Tennis**

**Horse riding**

**PREFERRED TOWN OF TREATMENT**

(For Days Out we will supply a list of all venues)

**CONTACT TEL NO**

**E-MAIL ADDRESS**





### HOW TO USE:

1. Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: PO Box 468, Swansea SA1 3WY.
2. Our Concierge Team will contact you to check availability and discuss the usage of the offer within 21 days.
3. You will receive your free voucher for your chosen venue within 14 days.
4. Hand in your voucher upon arrival at the venue.



Energy

Health

Balance

Creativity

Focus

# Booking Request Form 2

Please complete this form and return to: **PO Box 468, Swansea SA1 3WY.**

Our team of concierge specialists will contact you to make your booking.

**FULL NAME** (MR, MRS, MISS, MS)

**CHOSEN OFFER**, please tick

**One Week Free Gym membership**

**Free Pamper Treatment**

**Free Yoga or Pilates Session**

**Free Days Out**

**Free Sports Lesson**, please specify chosen sport

**Golf**

**Tennis**

**Horse riding**

**PREFERRED TOWN OF TREATMENT**

(For Days Out we will supply a list of all venues)

**CONTACT TEL NO**

**E-MAIL ADDRESS**





### HOW TO USE:

1. Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: PO Box 468, Swansea SA1 3WY.
2. Our Concierge Team will contact you to check availability and discuss the usage of the offer within 21 days.
3. You will receive your free voucher for your chosen venue within 14 days.
4. Hand in your voucher upon arrival at the venue.



Energy

Health

Balance

Creativity

Focus



# Booking Request Form 3

Please complete this form and return to: **PO Box 468, Swansea SA1 3WY.**

Our team of concierge specialists will contact you to make your booking.

**FULL NAME** (MR, MRS, MISS, MS)

**CHOSEN OFFER**, please tick

**One Week Free Gym membership**

**Free Pamper Treatment**

**Free Yoga or Pilates Session**

**Free Days Out**

**Free Sports Lesson**, please specify chosen sport

**Golf**

**Tennis**

**Horse riding**

**PREFERRED TOWN OF TREATMENT**

(For Days Out we will supply a list of all venues)

**CONTACT TEL NO**

**E-MAIL ADDRESS**





### HOW TO USE:

1. Simply send in your booking request form along with a proof of employment letter (letter on company headed paper or business card) and a stamped and self addressed envelope to: PO Box 468, Swansea SA1 3WY.
2. Our Concierge Team will contact you to check availability and discuss the usage of the offer within 21 days.
3. You will receive your free voucher for your chosen venue within 14 days.
4. Hand in your voucher upon arrival at the venue.



Energy

Health

Balance

Creativity

Focus

# Some **Advice** before you set off

1. The offer is strictly subject to promotional availability.
2. Only one voucher per booking group can be redeemed.
3. Some participating venues have restricted times on the availability of the offer, e.g. on Public Holidays.
4. Disabled access is limited in some venues – please check with our Concierge Service.
5. Public Liability Insurance is included.
6. Please read the Terms & Conditions on the offer pages.





**Enjoy these special offers**  
and increase your well-being

**Eden water** - your source of well-being at work



**Energy** | **Health** | **Balance** | **Creativity** | **Focus**